

Simple Yogurt Blueberry Muffins

Ingredients:

2 c Bisquick or other baking mix

¾ c sugar (depending on your yogurt, you may need more)

1 c blueberries (frozen)

1 egg

1 c yogurt (I used low-fat vanilla yogurt)

Directions:

- ☆ Preheat oven to 400-degrees.
- ☆ Grease or line muffin tins.
- ☆ Add baking mix, sugar, egg, and yogurt in a large bowl and mix well.
- ☆ Fold in blueberries.
- ☆ Spoon into muffin tins and bake 20-30 minutes or until cooked through.

